

# ISF COLLEGE OF PHARMACY, MOGA (PUNJAB) (An Autonomous College) NACC Accredited "A" Grade College



## Affiliated to IK Gujral Punjab Technical University, Jalandhar (Pb.)

#### CLUBS FOR MULTIFACETED DEVELOPMENT OF STUDENTS

#### **Constitution of Club**

Name of Club	Coordinator	Designation
Sports	Mr. Amandeep Singh	Assistant Professor
Cultural	Ms. Seema Brar	Assistant Professor
Scientific	Dr. Vivek Asati	Associate Professor
Social & NSS	Mr. Gurmeet Singh	Assistant Professor
Yoga & Meditation	Dr. Charan Singh	Associate Professor
Eco & Beautification of Campus	Dr. Purvi H Kakrani	Associate Professor
Multimedia & ISPOR	Mr. Sourabh Kosey	Associate Professor
Mess & Canteen	Mr. Sandeep Rathore	Assistant Professor
	Ms. Amarjit Kaur	Assistant Professor
Medical & First-Aid	Dr.Hemraj	Assistant Professor

#### **Rules:**

- ✓ Each club have one teacher coordinator, two teacher members and five students
- ✓ Each club are required to organize one national, one state and one institutional level competitive activity (if possible at least one activity at international level)
- ✓ All activity must be sponsored by industry, regulatory bodies, private resources, societies and institutes.
- ✓ Need to submit annual activity calendar during house meeting.

**Date of constitution:** 15-07-2018

Date of Revision: 01-01-2021

**Duration:** 2 years

#### **Responsibilities:**

- 1. Maintenance of file and proper documentation of meeting and activity
- **2.** Conduct at least 2 to 3 activity in a year
- **3.** Documentation:
  - i. List of coordinator with all committee members
  - ii. Notice for activity
  - iii. Budget of activity/sponsored by
  - iv. List of participants
  - v. Program schedule
  - vi. Event coverage includes newspaper, magazines and online including website
  - vii. Complete report of event

Note: All responsibilities and job role will be discussed in the meeting. Any difficulty and problem contact to concern person for strengthen of the cell day to day work.

**Meetings Schedule:** At least 2 meetings in a year.

Record Maintained by: Coordinator of the Club

### Tentative events to be organized by various clubs during calendar year

Clubs	Activity	
Cultural	<ul> <li>Folk songs and dances (solo &amp; group)</li> <li>Western dances and songs (solo &amp; group)</li> <li>Plays and skits (groups)</li> <li>Mono acting's</li> </ul>	
Eco	<ul> <li>Mimes</li> <li>Plantation</li> <li>Social awareness camps</li> <li>Cleanliness and hygiene's awareness</li> </ul>	
Entertainment	<ul> <li>Weekly educational and some popular movies show</li> <li>Science related documentaries</li> <li>Mono acting</li> <li>Writing (views, ideas, free hand drawing)</li> </ul>	
Fitness	- Gymnasium - fitness	
ISPOR	<ul> <li>Student counseling</li> <li>awareness camps (diabetes, cancer, diet &amp; nutrition, CPR, malarial &amp; dengue prevention, BMI)</li> <li>conferences and workshops</li> </ul>	

	nastav progontations
	- poster presentations
	- school and village camps
	- blood donation camp
	- health awareness camps
Medical First-Aid	- 108 Ambulance awareness and handling of patients and
	availability of first-aid in-side the ambulance
	- basic dose & ADR's awareness
	- drug storage conditions
Mess/Canteen	- regular checking of water, food and raw material
	- quarterly menu decide by the committee as constituted
	- visits weekly by any one or two committee members
	- all rates of food and ready items displayed on the canteen
	notice board
News letter	- PHARMAIKON
	- Bimonthly
news letter	- Published by institute through editorial board including
	students
Photography	- All functions and events photographs maintain and display
	on the notice board
	- Organize photography competition and Collection of rare
	photographs
	- Conferences
	- FDP
	- STTP
Scientific	- Workshops
Scientific	- Guest lectures
	- Hand's on training
	- Tour
	- Swachh bharat abhiyaan
	- Beti bachao beti padhao
Sports	- Awareness of voter card
	- Awareness of road safety and measures
	- Awareness of sanitation
	- Sports day
	- Athletics (Long jump, high jump, javelin throw, shotput,
	disk throw, tug-of-war)
	- Cricket
	- Volleyball
	- Volleyball - Basket ball
	- Basket ball - Badminton
	- Kabaddi
Yoga and Meditation	
	- Pranayam
	- Suryanamaskar
	- Art of living
	- Yes+ course
	- Anulom-vilom
	- Kapalbhaati
	- Bhstrika